Attachment is the relationship that develops when your child is in your world. The emotional bond that develops when you can hear your baby's heartbeat, when your child is in your world is the basis of your child's emotional attachment.

Why it matters

The earlier you start the stronger your baby will be. The better you care for your child, the stronger your baby's emotional attachment will be! The better your baby feels, the more resilient they will be.

Your baby's first 2 years of life are critical in the development of your child's emotional attachment and their emotional well-being. It is important to recognize your baby's voice. By hearing your baby's voice, you can build a strong emotional bond.

What it is

You and your baby are already getting to know one another. This includes being near each other, in sight of each other. This is the beginning of your baby's emotional attachment to you.