Directions for “Book Sharing” Goal Setting

0-2 Years Old

I will...

- Let my baby touch, grasp and taste books.
- Encourage my baby to turn pages as we look at a book.
- Share cloth, vinyl and colorful board books.
- Read simple stories about everyday experiences.
- Share books with textures – things to touch, flaps to lift, and holes to poke fingers in.
- Look at and talk about a favorite children’s book.
- Let my child pick out a book to share.
- Point to pictures and name them.
- Describe what is happening in pictures.
- Encourage my child to join in on a rhyme or song. Pause and let her fill in a rhyming word or phrase.
- Ask questions about pictures.
- Make a book for my child. Use photos of family, pets and items that belong to my child.
- Set aside at least one scheduled time each day for reading.
- Make a place in my home where my child can look at books whenever he wants to.
- Read my child’s favorite book over and over again.

Choose 3 goals from these lists and write them on the following page. Then, each time you meet your goal during the week, put a sticker in the appropriate box.

3-5 Years of Age

While reading to my child, I will...

- Ask open-ended questions about the story.
- Read books with excitement and expression in my voice.
- Ask my child to pick out the book we’ll read.
- Explain some of the new words in the book.
- Ask my child to tell me the story.
- Listen to my child’s ideas about the story.
- Talk about the pictures in the book.
- Ask my child to predict what will happen next in the story.
- Encourage other members of the family to read.
- Act out a story with my child.
- Write a book using ideas my child shares.
- Point to the words in the story occasionally.
# Book Sharing

Goals for my child and me for the month of ____________________

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# Communication

Goals for my child and me for the month of ____________________

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Directions for “Communications” Goal Setting

0-2 Years Old

I will...

- Speak clearly and slowly while my baby looks at my mouth.
- Name things my baby points to. (Labeling)
- Have fun making animal sounds when we look at pictures of animals.
- Respond to my baby’s coos and babbles.
- Play with words – sing and make up rhymes using my child’s name.
- Talk about what my child is doing, using simple words. (Parallel Talk)
- Tell my child what I am doing, using simple words. (Self-talk)
- Talk about the size, shape and texture of everyday objects.
- Listen to, and be interested in, what my baby/child says.
- Ask questions and wait for a response: “Where’s your ___? What’s that?”
- Expand on my child’s words. (Stretch Talk)
- Show my child that I am pleased that he is trying to communicate.
- Help my child practice following directions.
- Help my child point to and name parts of his body.
- Tell my child simple, short stories about himself.

Choose 3 goals from these lists and write them on the previous page. Then, each time you meet your goal during the week, put a sticker in the appropriate box.

3-5 Years of Age

While playing with my child, I will...

- Make comments about what my child is doing.
- Teach my child how to do a household chore.
- Talk to my child at mealtimes.
- Ask for my child’s ideas when we are talking.
- Tell my child something that I like about him/her.
- Draw pictures with my child and write down the words he/she uses to describe the pictures.
- Talk about my child’s feelings while we play.
- Encourage my child to talk about what he/she is thinking.
- Ask for my child’s opinion about everyday things.
- Talk to my child about my favorite things for us to do together.