Parent Educator Directions

Completing the “Reading Promise” & “Book Sharing” Goal Setting

You will find four parent handouts attached around book sharing between parents and children.

- The first parent handout is Tips for Completing the “Reading Promise” and the second is My Reading Promise.
- The third is Directions for “Book Sharing” Goal Setting and the fourth is a book sharing chart for families to record their progress.

**Tips for Completing the Reading Promise:**

Explain to families that the Reading Promise is a great way to establish a routine around reading with their child. On the handout titled Tips for Completing the “Reading Promise”, families are given some concrete examples of possible Reading Promises they can write. The parent does not have to choose something from this list; it is just a starting point to get them thinking about what promise they’d like to make to their child.

Be sure the parents sign the promise in front of their child, and has the child “sign” if possible. It may also be more meaningful if they sign their promise in front of the other families at the FACE Family Circle.

Each parent can determine the length of their promise, but it must be no less than 30 days. This is the amount of time it takes to establish a new habit.

**Directions for “Book Sharing” Goal Setting:**

While the Reading Promise is a great way for families to establish a routine around reading, the Book Sharing chart is an excellent way for families to track their progress in meeting the Reading Promise. Once families have written their own Reading Promise, have them brainstorm 3 goals that will help them to keep the Reading Promise. Ask families to write down their three goals on the Book Sharing chart. You will then give them a baggie of stars to take home with them so they can track whether or not they met their goals each week.

**Celebrating Success:**

Consider hosting a celebration after a set amount of time for families who have met their set goals and held true to the Reading Promises they made to their children. The exact content of the celebration is up to each individual program. It may be good to involve the families in the decision making process. Input can be gathered at the FACE Family Circle about what the celebration will look like.