Lull-a-bye, Little One
By Dianne Ochiltree

This rhyming book is about things babies do before bedtime.

Some new words your baby might hear: rock-a-bye, baby, eyes, nose, mouth, blocks, sleeping, bath, splash.

Before:
• Look at the cover of the book with your baby. Point to and name the baby’s eyes, nose and mouth.
• Turn the book over and point to the baby. Say, “The baby’s sleeping!” Act it out. Put your finger to your lips and say, “Shhh”. Close your eyes and pretend you are sleeping.

During:
• When your baby is old enough, let her open the book and turn the pages.
• Make your voice go up and down while you read the rhyming story.
• Point to the baby on each page and say, “See the baby!”
• Point to some of the toys on the pages and name them; such as blocks, bear, duck, and truck.
• When you come to the page that says “peek-a-boo,” play peek-a-boo with your baby.

After:
• Give your baby a bath with some toys that will float.
• Let your baby splash in the bathtub. Tell her what she is doing. “You are really splashing hard.”
• Sing a lull-a-bye to your baby.

Try some of the ideas above. Continue to use your own imagination during book play too. Have fun with the book and enjoy your time together.

Family And Child Education