Corduroy Goes to the Doctor
By Don Freeman

Corduroy goes to the doctor to have a checkup. The doctor takes his weight, listens to his heart, and looks in his ears.

New words and sounds your child might learn:
aaah, doctor, waiting room, grown, pounds, throat, breath.

Before:
• Tell your toddler that the book is about a teddy bear and his name is Corduroy.
• If you have a teddy bear, show it to your child.

During:
• Point to the doctor and nurse in the book and tell your child who they are. “This is the doctor.”
• Ask your child to say, “Aaah.” Show her how first.
• Talk about how Corduroy feels. “He is happy, isn’t he? He got a balloon, and he is smiling. Can you smile?”
• After many times of reading the book and naming pictures, turn to the page with all of the toys in the waiting room. Ask questions like, “Where is the ball?”

After:
• Talk to your child about the last time she had to go to the doctor. Tell her why she went. Was your child sick, or was it for a checkup?
• Take this book to read while you wait at the next doctor visit. When you see the nurse and doctor, name them and introduce them to your child.
• Corduroy gets undressed at the doctor’s office. Explain to your child why she, like Corduroy, has to take off some of her clothes when visiting the doctor.
• Pretend with your child that you are listening to her heart and looking in her ears. Let her do that to you.

Try some of the ideas above. Continue to use your own imagination during book play, too. Have fun with the book and enjoy your time together.

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