**Material List for Musical Instruments**

<table>
<thead>
<tr>
<th>Instrument</th>
<th>Materials</th>
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<tbody>
<tr>
<td><strong>Drums:</strong></td>
<td>Coffee cans, oatmeal boxes, butter dishes, formula cans,</td>
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<td></td>
<td>Construction paper</td>
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<tr>
<td><strong>Drumsticks:</strong></td>
<td>Wooden spoons, paint stir sticks</td>
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<tr>
<td><strong>Flutes:</strong></td>
<td>Paper towel tubes, Wax paper, Rubber bands, Hole punch</td>
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<td><strong>Jiggle Bracelets:</strong></td>
<td>Pipe cleaners, Bells</td>
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<tr>
<td><strong>Tambourine:</strong></td>
<td>Paper plates, Dry beans, Stapler, Electrical tape</td>
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<td><strong>Guitar:</strong></td>
<td>Shoe boxes, Rubber bands</td>
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<tr>
<td><strong>Shakers:</strong></td>
<td>Water bottles, plastic Easter eggs, Pringles cans, Bells, dry beans, rice,</td>
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<td></td>
<td>corn, beads, Electrical tape</td>
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<tr>
<td><strong>Streamers:</strong></td>
<td>Paint stir sticks, wooden spoons, paper towel tubes, Crepe paper for</td>
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<td></td>
<td>streamers, Tape</td>
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<tr>
<td><strong>Miscellaneous items:</strong></td>
<td>feathers, markers, crayons, stickers, pompoms, paint, staplers, scissors</td>
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Drums & Drumsticks

- Remove the lid from the can. Cut a sheet of construction paper big enough to wrap around your can.
- Decorate the paper and tape it to the can. Replace the lid.
- Decorate the wooden spoon or paint sticks using electrical tape, markers, feathers, etc.

The steady beat of drumming organizes the pathways in the brain. This give the child the sense of rhythm they will need for reading.
Talk about the traditional meaning and use of the drum.
Flutes

- Have an adult punch holes along one side of the paper towel roll.
- Cover one end of the roll with a piece of waxed paper and attach it with a rubber band.
- Decorate the tube with crayon, markers, paint and stickers. (Leave one inch open for the child’s lips.)
- Hum a traditional tune.

Blowing and humming excises the muscles of the mouth and lips to make the correct speech sounds.
Guitar

- Decorate your shoebox however you choose.
- Stretch the rubber bands around the sides of the box.
- Play the guitar by plucking the rubber bands.

Plucking the rubber bands excise the fine motor skills of fingers that will be needed for writing.
Jingle Bell Bracelets

- Thread bells on to the pipe cleaners.
- Attach the pipe cleaner to your child’s wrist or ankle.

Help you child isolate different parts of her body as she shakes the bells. This will assist with balance and coordination.
Shakers

- Ask your child to select some small items to place into the bottles, cans or eggs.
- Encourage them to screw the lid back on the bottles.

Putting small items into a small opening is good practice for gaining control of the pincer grasp. Children are using their wrist motion when they screw on the lids of the bottles.
Streamers

- Let your child select several strips of crepe paper or tissue paper.
- Have your child decorate the paint stick, cardboard tube or wooden spoon.
- Help your child tape the paper to the stick.

Encourage your child to wave the streamer over and around their body. A young child may have difficulty crossing the center of their body without switching hands. Encourage the right hand to reach across to the left side and the left hand to reach to the right side.
Tambourines

- Decorate two paper plates with markers, stickers, tape, etc.
- Place some dry beans inside the two plates and staple the edges around the plates together.
- Cover the stapled edges with tape.

Have the child shake the tambourine while asking them to tap on different parts of their body. This will assist in coordination and understanding the names of body parts. Don’t forget back, chest, ankle, heel, wrist, and elbow. What else can you think of?